

# Student *spotlight*

KATHRYN LANG

Fall 2015

PSYCH UNDERGRADS WHO HAVE CHOSEN  
UNIQUE ADVENTURES

*Kathryn is a senior majoring in Psychology. She has been involved with Psi Chi Honor Society, Psych Club, and Chi Omega Fraternity. She intends to apply to clinical psychology graduate school programs this Fall. Contact her at [kmlang@iastate.edu](mailto:kmlang@iastate.edu) if you are interested in learning about her experiences or about her graduate school plans.*

**How have you connected in a meaningful way with a Psychology faculty or staff member?**

“ In a Psych research lab a graduate student connected with the lab has mentored me last semester and this semester. She answers all my questions and always has time to meet with me. She really has opened my eyes to an amazing future ahead of me.



**What has surprised you about being a student at ISU?**

“ How small the campus feels now as a senior. When I was a freshman it felt huge!



**What has been your favorite Psych class or academic project?**

“ My favorite project was the Psych Poster Competition last spring. It taught me useful skills for grad school and I got to present super awesome research. [Kathryn won first place in the poster competition, something she counts as one of her proudest experiences.]

**ADVICE TO  
YOUNGER  
STUDENTS:**

“ Go to ClubFest, try as many clubs as you can, and become a leader. Get enough sleep and drink lots of water.

Know another awesome Psych student who should be highlighted? Contact Psych Advising: [psychadv@iastate.edu](mailto:psychadv@iastate.edu)